

Ipet's Ally Q and A 05/17/2021

Hello! I'm Dr. Ruth Roberts, your pet's ally. I hope that you are all well, and we've got some great questions today so we'll pop over to Facebook and we'll check those out. Hopefully, we should be good as far as the microphone goes well. I love this picture of Mr. Dino and his family. Janice, thanks for posting this picture of Rosie up and I'm so happy that her kidney values are popping back down into normal range after four weeks after the changes we've made with their food and things of that nature.

The next question we've got is from Kaye. Thanks for popping that article up, Kaye. This is all over the human literature here. And Susie, feel free to pop your questions into the comments here and I'll get them answered for you. Theoretically, this can be a problem but in practice, I never did see an issue with surgical bleeding and elevated doses of fish oil. Where I did see a big issue is with chemotherapy and that's certainly a place where we do want to stop any type of antioxidant. Having said that, Lolly's vet does ask what supplements they're taking prior to all of this being a problem for UK. I'm sorry that wasn't sort of on your radar, but turmeric at high doses can also be a problem potentially for bleeding as well although in clinical practice it's not generally an issue unless the pets are on some sort of an anticoagulant like Warfarin or Plavix or something like that, so ask him about it. Your dog should not be bleeding still at this point, Kaye. So, if that's going on that, it makes me wonder more about clotting disorder or if there's some sort of an autoimmune disease attacking the platelets. If you're still seeing active bleeding – you're seeing dark blood coming out, then that's a problem. But if it's just some sort of a clear pink fluid then this is just more fluid entrapment. So, talk to your vet and ask them about it. In clinical practice, I never had a problem with elevated doses of fish oil and increased bleeding at the surgery site.

Jamie, I will check your post when I go through the rest of these questions and thanks for suggesting some topics. The next Ipet's Ally Ultimate is in the 25th so that's in Tuesday. At any rate, rest assured that we will post on the group on Facebook. Also, it's a zoom call so it's a lot more interactive. We'll talk about food energetics and also seasonal eating because this is always an interesting thing. It's one of those things we've kind of forgotten because we're not stuck eating what's local to us, so thanks for that Jamie. Hopefully, I'm back in. Jamie had asked about liver support as well due to long term steroids. Milk thistle is great but the other thing that I'd really

suggest is standard process hepatic support and then the other thing would be liposomal glutathione. I'm going to type that into the link here. I know this gets confusing with so many websites but you all should've gotten access to full script. But liposomal glutathione is the master antioxidant for liver and then the standard process hepatic support you can get right on the website.

Happy Birthday to Mr. Bear. I hope he had a great one. And we have her more beautiful pictures of Mr. Dino. And Kathy, this picture is kind of fuzzy. If it is only the canine teeth that have some tartar on them, there's a couple of things you need to look at before rushing into a dental: do the teeth back here have a bunch of tartar on them? If not, then frankly I would just use something like a loofah pad or something of that nature to scrub here, and then for this puffy area here; is the whole lip inflamed or is the tooth shifting and it's impacted the lip itself? Now, as far as these lab values, this doesn't make sense. High hemoglobin, low platelet count at 162 and a creatinine at 2.0. And I can't really agree with that. Low platelet means one of two things either the platelets are really low or the stick was a little dirty and so it's part of the sample clotted and that happen frequently but what I would do is maybe get the CBC repeated to see if the platelet count really is low or if it's normal. If it's low and it's beginning to be a problem then that's definitely going to be a problem when you do not want to do any type of surgical procedure to make sure that the platelets are working well. As far as dehydration goes, I think adding fermented goat milk and bone broth is actually going to be more dehydrating so I would just encourage water drinking, and you can add water to the food to help dilute it out and see if that doesn't do the trick and the just recheck the creatinine. For this amount of tartar, this is not a big deal so delay the anesthesia until you are confident and comfortable that everything is okay. I hope that's helpful Kathy.

Suzi says Goldie is back to only wanting to eat meat raw which is okay. She's been doing okay as far as spirit and mind but her arthritis is unhappy. I think there's one comment too. Suzi says she's in previcox, gabapentin, and mirtazapine. Suzi, I can't remember if CBD did or didn't work for you. If you haven't tried that, I definitely would. The other thing I would really look at is an Assisi loop. This is a type of device that delivers pulse electromagnetic frequency and Bettina swears by it both for pain and anxiety. Okay, good! So, she's getting quite a bit of CBD. If you're using a lower dose of CBD, you can use up to 35 to 50 milligrams of CBD daily so you can try bumping that up and see if we can get her more comfortable. I can't remember if you have tried

this or not but you can also try T – relief tablets. This is a version of traumeel and is an arnica – based product that will help reduce inflammation and pain as well. Suzi, figure out how many milligrams you are using and then try increasing the dose upwards to 35 to 50 milligrams. Fullscript is probably the best place to get the T – relief and a couple of other things. I'll put this link in there for you too. Also, there's an enzymatic one that I am thinking of that I cannot get to the name of. And I apologize. I'll drop that back in here. Now for the loops, if you google Assisi, they all ask you to list me as your veterinarian and I can get that approved for you. See what does that to give you some help, and Boswellia is another great option as well. So, T – relief can be extremely helpful Suzi. I hope that'll help you out there. If you have trouble finding anything just let us know and Hanna will get you hooked up.

Willie did have some doxorubicin. Jamie, it's scary to think about these drugs but doxorubicin is a drug that the side effect tends to happen on a cumulative basis. So, that you can take a little bit of pleasure in and generally, we know the upper limit of the dosage is and so most oncologists are very reluctant to get to that higher end of the dose because we get closer to losing the benefit of the medication. I think what you can do if things are okay is to just presume that they will continue to stay okay and take a deep breath. Hopefully, what you're seeing is that things are settling back down a little bit. Also, I'm glad to hear that he got to be first through the gate into the dog park. I mean, this guy is just having a great time as far as playing and eating and all those good stuffs, so keep on rocking. Keep us posted on how he is doing. I mean, he is doing astonishingly well. What I pray for Willie is that he gets through this and you call up a vet that you've been dealing with for some other unrelated. And they won't ever say this to you but they would say this to me, they ask you if he's still alive. That's how I always got my jollies when my internet friends would say, "that dog is still alive?" So, keep on trucking Jamie. You guys are doing a great job.

I think that's it. Do you have any other questions that I haven't covered? So, Boswellia's may not be available on the website but we can always get you hooked up. Hopefully, that came through good. Also, I got almost every single one of the standard process' products on the website, but they did not want to put the Medi herb products out there as far as on the website for open purchase. So, that is where you can buy that Boswellia product. You are doing a

marvelous job, Jamie. Pat yourself on the back because it's been a long haul and you have been the very best advocate that Willie could have ever asked for so keep doing what you are doing.

Until next week. I hope you all have a marvelous week. Remember, that on Tuesdays the 25th of May, we'll do another Ipet's Ally Ultimate. We'll get you an email about that and post this in the group as well. We'll talk about food energetics and seasonal deeding and eating. So, until next week. Remember, your pet's best health starts in the bowl. Thanks!