

Ipet's Ally Q and A 09/06/2021

Happy Labor Day! I'm Dr. Ruth Roberts, your pet's ally. Hiyo here whose head you can just barely see is helping me today and so I hope you're having a great one so far. Again, we're having our Labor Day sale up through midnight tonight because today's the 6th. There's a 50% discount on consults and all the digital products which you guys already have access to plus 20% off on a lot of the other products too.

Yes, you're right! You're not being greedy, Pam. I don't know if this is from the follow – up but yes, you're right. It's 50% off with the sale. It would be 99 bucks and not 150 bucks. Pol, you're right. Because I had forgotten we did a 50% discount on the consoles so it is 99 bucks. Normally, for Ipet's Ally members, you would get a 50 dollars discount on any consultations so that's kind of the deal. I've reached out to Pol and he should be reaching out to you to get you fixed up.

Here's the poop question. This is interesting and I think what I would do I mash the beans up because what's happening is if they're coming out whole, he's just not able to digest, but it sounds like the increased fiber went beautifully. Now, you have a couple of things to sort out. Is it that the salmon is a problem and whatever is in that batch of food or coincidentally, as you said, you had given heartworm meds the 2nd of September and then the milk thistle starting on the 4th of September? And so, this it's like is this which is this, which is hard to sort out. This is where a diary is super useful because you can write all this stuff down as you have been, obviously. What I would do is just kind of mash up the beans or even make them into a paste and feed those. It sounds like he's gained the weight back, which is awesome. I have feeling that the increased fiber in the beans is actually helping quite a bit but it may be too much. You may have to use half the amount of the beans that I suggested earlier. I hope that makes sense.

Now, Mr. Bear is eating more stuff. Bettina, great to see you walking these guys. This bandage is really kind of weird so I'm not sure how they put it on. Sometimes they will tack it down with suture but most of the time they're going o just use a tape which is hard to tell from this photo kind of what's what. I would just kind of pry around the edges and see if you can get this to kind of lift up gently otherwise, I'd give them a call back. That's an unusual kind of way to stick

a bandage ON. Bettina, if you haven't gotten that off, then give him a holler and see what's up with that or if he's not taking it off in the process.

Jamie, I'm so sorry to hear that you got covid but I'm glad to hear that you are getting through and getting better faster with the monoclonal antibody infusion. I'm also glad that your husband had only mild symptoms. It sounds like Mr. Willie is actually doing super. He's on berberine complex and it is supposed to kill the yeast. The interesting thing too is that it also kills everything else in the gut and so I'm kind of wondering if some of these changes are coming out as a result of that. It'll be interesting to see what type of herbal she's added in for the paws too help clear it. Likely because we're kind of going on the theory that he's clearing infections; I would see what happens. The formula is either going to push harder so you may see some of these other things like more goopy stuff, more ear issues because you're already starting to see some yeast in the ears and groin area. It'll be interesting to see kind of how that plays out. Moreover, with the palladia, that's going to create some other issues too.

And Susie, with your Dalmatian Pyrenees guy; yes, 90 pounds once his leg is stronger and he eats more. I think for him it just depends. I mean, pictures would be super useful. Has he got a lot of muscle wasting? Where is the fracture exactly? Is it at the center of the leg or is it through the joint? How is his poop? And kind of what meds has he been on? He's a young dog so he's going to heal really quickly but what I would definitely do especially if the fracture is through the joint, is to add in some sort of a joint supplement either ArthriSoothe or ArthriEase GOLD. Probably, ArthriEase GOLD will be fine for him because he likely doesn't have any food sensitivities.

See if you can find a group that has an underwater treadmill. This is a situation where once the wound has healed from the surgery, this really would be one of the best options in terms of getting the muscle built up more quickly. And then short of that, there are several on the ground rehab options available as far as going. What that means to me is taking an incline and decline walks in a very controlled fashion, working through things like a wobble board or something of that nature where he's having to correct course and shift weight off and on each side. Wobble boards have been super useful. You can do that with a piece of plywood over a baseball so it's super easy to do at home. Start with the front end – the unaffected leg. I think it's one of the rear legs because you've said femur in there a couple of times. So, get good balance up front first to

develop strength through the pectorals, the shoulders, and the back, and then once they give you the clearance then start working on the rear end as far as balance and things of that nature.

There was a question about treats somewhere. Oh! It's from Mae's question last week, which was about the turkey treats. I mean, you've got what you've got and I think it's okay to use them but I wouldn't get more. As Lollie said, you can use a dehydrator. Now, if you head over to the website and just search treats, there's a recipe for peanut butter dog treats which obviously is not a great plan for Spirit right now but the DIY healthy treats for pets or how to make a dehydrated proteins treat without having a dehydrator, so you can check that out Mae.

That's what I got. I wish everybody a great week. I'm glad everybody is doing well. Jamie, I'm so sorry you got covid but I hope you're recovering. Just out of curiosity, I'd be interested to know if you chose to be vaccinated or not. We're seeing a lot of people with the vaccine... I'm sorry, Pam, I missed that. I think there are still a lot of people with the vaccine that are still getting covid. As far as how to proceed, I would reduce the amount of beans that you're giving by half and continue with the oil, and just kind of watch what happens to his stool over the next days.

I'm sorry I refreshed the feed so I can see these questions now. Pam, do half the beans, kind of mash them up so that they're easier for him to get to and then continue with the oil since you've already gotten his weight back up and see where it takes you. Go with half the beans and then add those in as well as the extra oil in because that seems to have worked. Alternatively, if you've got 4 or 5 days before you have to make the batch, just go through another 24 hours of ... Yes, that's kind of the other thing too. So, go through another round of what's of this sort of strategy with a smaller amount of beans with them mashed open and see what happens with the stool. See if you can chalk up the stool being weird because of the heartworm prevention slash milk thistle or whether it really was the bean fiber. Additionally, since you realized you were feeding him less, then I would increase the volume because he's getting less from the table and then add a little bit of oil plus the smaller amounts of beans if that pans out. I hope that makes sense.

And Janice is asking about heartburn and how much milk thistle and how long. Rosie is pretty tiny, which I think is less than 20 pounds so I would use something in the order of about... Usually you can get a 150 milligrams milk thistle, you can get 150 milligram capsule of milk thistle over the counter and so what I would do is give a half a capsule once a day for a week.

Heartgard today and start the milk thistle tomorrow morning 24 hours later because it takes 24 hours for the majority of the heartburn to get into the system, and when you give it, you want it to do its very best. We don't want to speed up clearing it. I think that is it. Let me make sure I haven't missed something else.

Exactly, Susie, because he's such a young guy I just don't think you need to give that much in the way of supplements. Let me make sure Hanna hasn't sent me something else. Yes, I think we are good to go. Until next week. You all have a wonderful week. Enjoy the day off with your families and take good care. I'm Dr. Ruth Roberts, your pet's ally. Thanks!