

Ipet's Ally Q and A 09/27/2021

Good morning! I'm Dr. Ruth Roberts, your pet's ally. I am hoping that you all re having a great week. Now, so I don't forget again, I will be taking off on Monday and taking a vacation but I'll be back in the following Monday. If you've got something super critical just let Hanna or Pol know and they'll ding me about it. But I'm trying to detox from electronics for a bit. Anyway, we don't have a ton of questions for today so I'm going to pop over to the Facebook page.

Kaye got the news that there was no demodectic mange on the skin scrape around her baby's face, which is great news, and so you're treating that topically and I hope that's getting better. Also, Susan pointed out too that you could use chlorhexidine. You can also get plain dilute iodine in the drug store and dilute that to an iced tea color and use that to kind of dab on both of... those can be irritating to the eye so you do need to be careful and be prepared to flush the eye out if you have any issues. Hopefully Kaye, things are better and you're starting to see the skin clear up a little bit.

Susan, thank you so much for this. This helps people know kind of what your experiences have been and what you're doing. Right on, Susan! You're cooking every 2 to 3 days for your eight guys. We were lazier but we also had two big chest piece freezers so we could knock out food for our 10 pets in a month. But what Hanna can do with these kinds of comments is make these really sweet posts that help people understand what it is that you have experienced and so thank you so much for that. I deeply appreciate it. And obviously, you are fond of information because of all that you've been through with your guys, you continue to go through.

For Mr. Willie, I'm going to skip up to the Monday update. He's doing better. He's been taking Cerenia to help with the vomiting and the Metronidazole. The other interesting thing about Cerenia is that one of the things that it does do is help with abdominal pain too. I don't know what's going on and my suspicion had been that the ALP is up because of the Prednisone which he's still on and he's still getting itchier. I don't know. Is this a spread of the cancer? Is it that his gut is just really overloaded from all of the stuff that he's been having to take?

I had a dog many years ago that had autoimmune hemolytic anemia. She survived it the first time and then ended up developing bacterial endocarditis, which is just a roller coaster ride. I

cannot imagine how drained you are right now and you're recovering right now still from Covid as well. Jamie, my heart goes out to you because God Almighty, this has just been such a hard road for both of you although things are you know. He really is such a tough guy so I'm not sure what to say. I would ask to see if you can have some Cerenia on hand because maybe it's something going on as far as either like a mild case of pancreatitis or something going on in his gut. But at any rate, part of what Cerenia may be doing is actually reducing abdominal pain, so if you feel like things are kind of going sideways and if he's smacking his lips again; if that's normal... and I'm sure you're watching him like a hawk right now, so I'd keep doing with.

Yes, keep going with simple like you have been. And it's just going to take a few more days before so that until enough poop moves through. If things are still sideways maybe taking a little vacation from supplements and try taking out the ones that make you suspicious. I mean, this is one of those places where doing something like sway test maybe helpful. You all have heard me talk about that before and there's kind of 2 ways to do that. I'm going to show you. For instance, I'll take this bottle of eye drops, which I know actually does help me and I'll come up here and kind of stand up straight, drop my shoulders and then break my knees softly, and ask if these eye drops help my eyes. If you wait for the out breath that's when you get that movement forward. The other thing is, will this piece of palo santo help my eyes? And so, you can kind of play with that and see if that's helpful. But do a test so the first place you can start with is, my name is Jamie or my name is Joan until you can calibrate yourself and then kind of go through each one of those. Is this going to help Willie? Should Willie be taking this? Try to kind of work through it.

Yes, Covid does happen to dogs although very rarely. But he is immunosuppressed as well and I'm not sure how high your viral load was, but it does happen. What they found is that in dogs; actually, with the few cases I saw they tend to be Golden Retrievers that is a possibility. Yes, you got to be hyper focused on him. I mean, you've been working so hard.

Pam, that's a great suggestion. DiGize actually is awesome for G.I indigestion if things are not moving through or things of that nature. That's another thing to try, Jamie. If you haven't used any essential oils, that's a good blend to try. It's like you kind of get some traction and then things kind of go sideways on you again. And I guess I put enough hash on my chest. I'm blessed or something. Cured now. So, try that out. Go through each of the supplement and ask like that. Do a sway test and see what comes up. If you pick something up and you're at all suspicious about it,

just kind of leave it out for a couple of days, as scary as that thought may be. The other thing is that maybe the palladia is doing more than you thought simple because the disease was sort of progressing. So, check out DiGize because that really is a good one, that seemed to help a lot of GI issues for me in the past too. Kind of work through things and see what you're doing with supplements and see if there may be a problem with them too. I think the other newer Chinese herbal from Dr. Lisa was something that was pretty intense and so that could create it. Now, as you start to add things back in, pick them up and get a read on it.

Did you end up using CBD or THC for him over the last week? Let's see. I don't have much for you guys this week. Tomorrow afternoon I'm going to do a Facebook live about Omega 3 fatty acids. And Pam, you're a good woman too. This is something that's really been interesting and there's a lot of research coming out about dosing and thing of that nature. Okay, so Jamie do you think that it had anything to do with the whacked-out tummy stuff? Or do you feel like that has helped improve things? That's something you would want to put at the back of your mind. At any rate, while you're thinking about that and put some comments up, I will tell you a little bit more about Omega 3 fatty acids. 10 years ago, the information I was getting from the human side is that for cancer patients, they should be taking a hundred milligrams per kilogram of Omega 3 fatty acids per day. Because there wasn't really any research out there for pets at this point, we knew that Omega 3s were helpful for skin disease, kidney disease and many others but we weren't really sure kind of what dosing is, so this is something I get to share with you all tomorrow afternoon.

Also, I will talk about a test that will provide an Omega 3 index for pets, which I think is super exciting because we can have a best guess dose which sometimes is right and sometimes is not. This will give us more of a concrete number like your pet is in a really good range and so you keep your Omega 3 dose where it is or we need to edge it up some more. I think that's going to be really helpful and the cool thing is that it does require a drop of blood but it is something that you can do at home. Many people will take their pet's blood samples for diabetes to monitor blood sugar. I know he's had multiple different types of CBD and THC so that shouldn't create a problem, and if anything, it should have allayed that nausea and or diarrhea.

Let's see what the herbal is and I'll see what I can tell you about it. It's been a quite week, which is good for a lot of you but not so good for Mr. Willie though. The other thing that's

interesting too; and I'll share some research on this. Texas A&M actually has created a canine microbiota dysbiosis index and so what they've done is kind of take a look at seven bacterial groups and look at how they are. If you send in a stool sample for your pet, look at where it's normal and not normal. The interesting thing is that they are recommending fecal microbiota transplant or FMT transplant. And Margo Roman has developed a healthy poop bank, for lack of a better word, so this is something that I'm starting to kind of check out to see if this is more useful than perhaps, the animal biome test. Those guys do great work but it was really frustrating to have people's pets do the test. I think this one is pretty pushy.

Anyway, I had customers and clients that were doing the test for their pets – doing the supplements, and 6 months later the fecal test is the same. That's okay, but more importantly, the pet was still the same and that's the part that's hard too swallow. This one Jamie, is usually pretty helpful - the American Dragon herbal formulas. It is possible that this kind of created some G.I upset, so we've got a lot of digital clearing heat from the yin level, clear the heart, calm the spirit, cool the blood, and break up stasis so this is definitely a kind of an aggressive cancer formula. We have here Xuan Shen Scrophulariae which is a cooling heat, nourishing yin, draining fire, and relieving toxicity. Rehmanniae is a gentler version that cools blood and nourishes yin, and then Ophiopogonis is a little bit of heat and is actually a more nourishing yin, it generates fluid, clear the heart and eliminate irritability. Jin Yin Hua is a clearing heat, relieve toxicity and cool the blood so this may have been enough to kind of kick things into some problems as far as GI tract, so talk with Dr. Lisa about that, but that is very cold.

The idea is that if your GI tract is already screwed up and you have spleen chi deficiency plus or minus some other things, a really cold formula on top of that can create diarrhea because the gut is already cold so to speak energetically, and then we dump more cold on top and then sometimes that'll what happen. I don't know how damp his tongue looks as far as if there's a lot of swelling and sort of white coat on the tongue that would indicate dampness as well.

Ladies, that's what I have for you this week. Again, I will be out next week and will be taking some time off. Yes, that one's invigorating the blood, nourishing blood, there's not much heat clearing here. It's a liver clearer but you've also got some heat clearing there too. With the lesions on his tongue and his feet too, this is where clearing and pushing too much sometimes backfires. So, how would you ameliorate those? I think CBD is really going to be more helpful

there so maybe just kind of drop that last herbal. Zhi Ban Xia is more about supporting the liver, clearing things, a little bit of heat clearing, but also drying up damp, releasing the exterior nausea and things of that nature. Also, we've got a little bit of ginseng in there to help kind of tonify everything, resolve phlegm which is part of the skin cancer, and then strengthening the spleen, so I think these two are good but maybe the third one just really kind of knock things out. This is where you might consider a slower internal approach which is something like activated charcoal, green clay or something of that nature. I would try activated charcoal especially in the face of all the GI stuff, something like 1 cap 2 to 3 times a day but 2 hours away from other supplements and see if that doesn't help kind of suck things up from the inside and go more of an adsorptive.

I think you were using the Ion gut or something like this. It used to be the restore that's supposed to create a firewall in the gut but it does help absorb things from the intestines too so that may be useful. But try the charcoal first because that's going to kind of help bind things up and make him feel better.

Again, I won't see you next week but I will see you the week following that. Fingers crossed that everybody is well. I will see you tomorrow afternoon on Facebook and we'll go from there. You all take good care of yourselves and give everybody a big hug and a kiss for me. We'll talk soon. Thanks!